



WEEK 1

Classic Favourites
MONDAY 

EASTERN
TUESDAY 

Great British
WEDNESDAY 

SOUTHERN STYLE
THURSDAY 

Fish & Chips
FRIDAY 

MAIN MEAL

BEEF BOLOGNAISE
Garlic Bread

KUNG PAO CHICKEN
50/50 Egg Fried Rice

ROAST LOIN OF PORK
Crackling, Roast Potatoes, Gravy

HOUSE RUBBED JERK CHICKEN
Peas & Rice

FRESHLY BATTERED FISH/ SALMON FISHCAKES

VEGETARIAN MEAL

VEGAN BOLOGNAISE
Garlic Bread

ASIAN VEGETABLE & NOODLE STIR FRY
Soya Beans

BAKED MACARONI CHEESE WITH A CRUNCHY TOPPING

VEGAN JERK QUORN BURRITO
Peas & Rice

SPICY BEAN ENCHILADA
Tomato Sauce

VEGETABLES

PEAS GARDEN SALAD

SHREDDED GREENS CARROT & SESAME SALAD

SEASONAL VEGETABLES

SWEET CHILLI SLAW

PEAS CHIPS

PASTA POTS

TOMATO & BASIL

PESTO PASTA

VEGAN BOLOGNAISE

CHEESE SAUCE

CARBONARA

ARRABIATA

JACKET POTATO

TOPPED WITH A CHOICE OF CHEESE, TUNA OR BEANS

HOT PUD

MIXED BERRY & APPLE CRUMBLE
Ice Cream

AMERICAN STYLE PANCAKES
Fruit Toppings

SYRUP SPONGE
Custard

ETON MESS

CHOCOLATE SPONGE
Chocolate Sauce

FRUIT POT

SELECTION OF FRUIT POTS AVAILABLE DAILY

JELLY POTS

SELECTION OF JELLY POTS AVAILABLE DAILY

YOGHURT POTS

SELECTION OF YOGHURT POTS AVAILABLE DAILY

TRY OUR HOME-MADE
SOUP
WITH FRESHLY BAKED BREAD

LOOK OUT FOR
AMAZING BLUE DOT MEAL DEALS

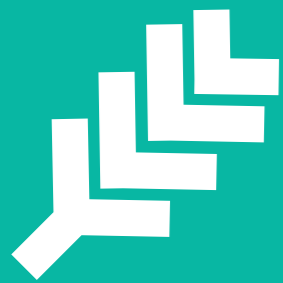

PIZZAS, WRAPS & PANINIS
FRESH OPTIONS EVERY DAY

TAKE HOME A TAKEAWAY
Collect Before You Go Home

LUNCH MEAL DEAL
Check out what's on offer today!


WATCH OUT FOR OUR
POP UP & STREET FOOD PROMOTIONS

 All of Our Deli Range, Sandwiches, Salads & Desserts are
FRESHLY MADE HERE DAILY



WEEK 2

Classic Favourites

MONDAY



EASTERN

TUESDAY



Great British

WEDNESDAY



SOUTHERN STYLE

THURSDAY



Fish & Chips

FRIDAY



MAIN MEAL

TRADITIONAL SAUSAGE & MASH
Onion Gravy

THAI GREEN CHICKEN CURRY
White Rice

ROAST GAMMON
Stuffing, Yorkshire Pudding, Gravy

TOGARASHI SPICED MINCED BEEF
50/50 Carrot Rice

FRESHLY BATTERED FISH/ SALMON FISHCAKES

VEGETARIAN MEAL

VEGAN SAUSAGE & MASH
Onion Gravy

VEGETABLE PAD THAI NOODLES

CHEESE, LEEK & BUTTERNUT SQUASH PIE
Mashed Potatoes, Gravy

VEGETABLE & SOYA BEAN SPRING ROLL
50/50 Carrot Rice

QUORNISH PASTY

VEGETABLES

PEAS CARROTS

LIME & CORIANDER SLAW

SEASONAL VEGETABLES SEASONAL SALAD

SOY GLAZED CRUNCHY VEGETABLES

PEAS CHIPS

TOMATO & BASIL

PASTA POTS

PESTO PASTA

VEGAN BOLOGNAISE

CHEESE SAUCE

CARBONARA

ARRABIATA

JACKET POTATO

TOPPED WITH A CHOICE OF CHEESE, TUNA OR BEANS

HOT PUD

CLASSIC APPLE PIE
Custard

CHILLED COCONUT RICE PUDDING

JAM SPONGE
Custard

CREPE BAR
Fruit Toppings

BOSTON BROWNIE
Chocolate Sauce

FRUIT POT

SELECTION OF FRUIT POTS AVAILABLE DAILY

JELLY POTS

SELECTION OF JELLY POTS AVAILABLE DAILY

YOGHURT POTS

SELECTION OF YOGHURT POTS AVAILABLE DAILY

TRY OUR HOME-MADE **SOUP**
WITH FRESHLY BAKED BREAD

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WEEK 3

	Classic Favourites MONDAY 	EASTERN TUESDAY 	Great British WEDNESDAY 	SOUTHERN STYLE THURSDAY 	Fish & Chips FRIDAY 
MAIN MEAL	MAC N CHEESE BAR Variety of Toppings	JAPANESE CHICKEN CURRY 50/50 Rice	ROAST TURKEY Stuffing, Yorkshire Pudding, Gravy	BEEF CHILLI CON CARNE Nachos, Rice, Sour Cream	FRESHLY BATTERED FISH/ SALMON FISHCAKES
VEGETARIAN MEAL	VEGETARIAN MAC BAR Variety of Toppings	GOAN SWEET POTATO & CHICK PEA CURRY 50/50 Rice	BUTTERNUT SQUASH, BRIE & ROASTED ONION WELLINGTON Gravy	MIXED BEAN CHILLI Nachos, Rice, Sour Cream	CHICKPEA & CORIANDER BURGER Wedges, Coleslaw
VEGETABLES	GARDEN SALAD	STIR FRIED GREENS	SEASONAL VEGETABLES	SWEETCORN	PEAS CHIPS
PASTA POTS	TOMATO & BASIL				
	PESTO PASTA	VEGAN BOLOGNAISE	CHEESE SAUCE	CARBONARA	ARRABIATA
JACKET POTATO	TOPPED WITH A CHOICE OF CHEESE, TUNA OR BEANS				
HOT PUD	WAFFLE BAR Fruit Compote	CHOCOLATE ORANGE MOUSSE	STICKY LEMON SPONGE Custard	BANANA BREAD & BUTTER PUDDING Custard	APPLE & PEAR CRUMBLE Ice Cream
FRUIT POT	SELECTION OF FRUIT POTS AVAILABLE DAILY				
JELLY POTS	SELECTION OF JELLY POTS AVAILABLE DAILY				
YOGHURT POTS	SELECTION OF YOGHURT POTS AVAILABLE DAILY				

TRY OUR HOME MADE **SOUP**
WITH FRESHLY BAKED BREAD

LOOK OUT FOR **AMAZING BLUE DOT MEAL DEALS**


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