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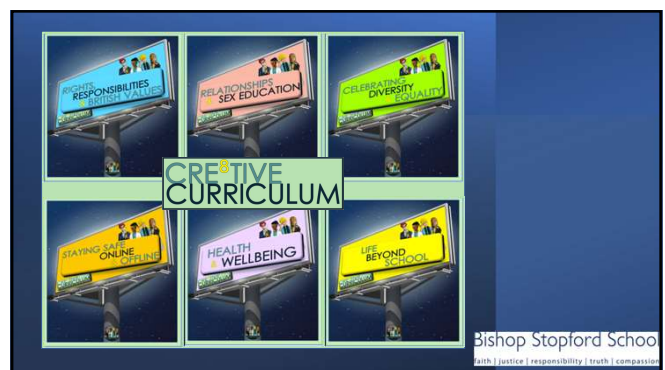
How will PSHE be delivered?

- One PSHE lesson per fortnight
- Delivered by a member of the PSHE team

- One Tutor time session every week.
- Delivered by Form Tutors

Bishop Stopford School
Faith | justice | responsibility | truth | compassion

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PSHE Lessons
in Yr.10 will
cover:

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Sex and Relationship Education:
Sexing, Pornography, Domestic abuse, Relationships and sexual abuse, Sexualisation and media.

Staying Safe Online and Offline:
Honour based violence, Forced Marriage, Online gambling, Social media validation, Keeping data safe, Modern day slavery, Causes of knife crime.

Health and Wellbeing:
Child abuse and Child Sexual Exploitation, Screen time and mobile devices, Common types of mental health, Negative thoughts and feelings, Promoting emotional wellbeing.

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Tutorial
sessions in
Yr.10 will
cover:

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Life Beyond School:
Instagram generation, What is marriage? Consumer rights, Employment rights.

Rights, Responsibilities and British Values:
Fake news, Exploring British Values, LGBTQ+ rights, Human rights.

Celebrating Diversity and Equality:
International organisations, Brexit, Aid and supporting other countries.

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PSHE Lessons
in Yr.11 will
cover:

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Sex and Relationship Education:
Peer on peer abuse, Alcohol and bad choices, Importance of sexual health/STIs, Revisiting contraception, Respect and relationships.

Staying Safe Online and Offline:
Virtual reality and live streaming, Drugs and NPS, Festivals and drugs, Cosmetic surgery, Online reputations.

Health and Wellbeing:
Teenage pregnancy, Abortion the law, morals and ethics, Testicle and prostate health checks, Breasts, cervical screening and ovarian cancer checks.

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Tutorial
sessions in
Yr.11 will
cover:

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Life Beyond School:
Time management, Instalife V real life, CV writing, Writing personal statements and covering letters, Planning and revision, Post 16 options and pathways.

Health and Wellbeing:
Dealing with Exam stress, The importance of Diet, Exercise and Sleep.

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