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**Curriculum, Reporting and how to support your child academically**

Parental Session – August 2023

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**What will the next two years look like?**

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**The Key Stage 4 Curriculum**

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**Number of GCSE's taken – 'Family of schools' comparison**

School	Eng Lang	Eng Lit	Maths	Triple Science	His or Geog	MPL	RS	Option 1	Option 2	Option 3	Total
BSS	✓	✓	✓	✓	✓	✓	✓	✓	✓		11
St Michaels'	✓	✓	✓	✓	✓	✓	✓	✓	✓		11
Bishop Luffa	✓	✓	✓	✓	✓	✓	✓	✓	✓		10
Heathside	✓	✓	✓	✓	✓	✓	✓	✓	✓		10
Sir John Lawes	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	10
Rushcliffe	✓	✓	✓	✓	✓	✓	✓	✓	✓		10
Blue Coat	✓	✓	✓	✓	✓	✓	✓	✓	✓		11
Rosebery	✓	✓	✓	✓	✓	✓	✓	✓	✓		10
NSB	✓	✓	✓	✓	✓	✓	✓	✓	✓		9
Emmanuel	✓	✓	✓	✓	✓	✓	✓	✓	✓		11
Roundwood Park	✓	✓	✓	✓	✓	✓	✓	✓	✓		10
Edgbarrow	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	10
Bullers Wood	✓	✓	✓	✓	✓	✓	✓	✓	✓		11
SCD	✓	✓	✓	✓	✓	✓	✓	✓	✓		10
Langley Park	✓	✓	✓	✓	✓	✓	✓	✓	✓		10
Mill Hill	✓	✓	✓	✓	✓	✓	✓	✓	✓		10
Orleans Park	✓	✓	✓	✓	✓	✓	✓	✓	✓		10
Abbey Grange	✓	✓	✓	✓	✓	✓	✓	✓	✓		11
Alexandra Park	✓	✓	✓	✓	✓	✓	✓	✓	✓		10
Salesian	✓	✓	✓	✓	✓	✓	✓	✓	✓		10
Tudor Grange	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	11

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**Year 10**

Date	Milestone
<b>August</b>	Start of Term
<b>December</b>	Reports issued
<b>March</b>	Reports Issued
<b>April / May</b>	Mock exams
<b>June</b>	Reports / Mock Results issued. Progress Review Evening

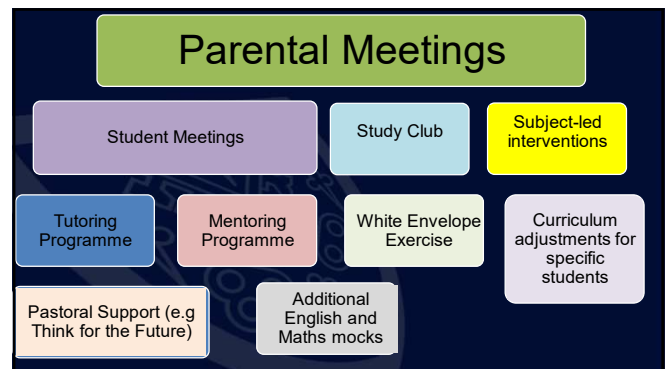
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**Year 11**

Date	Milestone
<b>August</b>	Start of Term
<b>October</b>	Reports issued. Progress Review Evening
<b>December</b>	Mock Exams
<b>February</b>	Reports / Mock Results issued
<b>March</b>	Additional Mock Exams in English Language and Maths
<b>May / June</b>	Public Examinations

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Details		English	Maths	Elanc				Open				K2	Attendance	Progress		
Forename	Surname	Engl...	Maths...	Maths...	Class...	Engl...	Maths...	Maths...	Maths...	Maths...	Maths...	Maths...	Maths...	Maths...	Maths...	
F	8	9	9	8	8	9	9	8	8	7	9	117	77.74	86	+28.10	+0.83
F	8	9	9	7	8	9	9	8	8	7	8	118.5	81.51	86	+49.03	+0.45
F	7	9	9	8	8	8	8	8	8	7	8	118.5	81.51	86	+49.03	+0.45
F	7	9	9	7	8	8	8	8	8	7	8	115	73.43	85	+11.57	+0.11
M	8	9	9	7	8	8	8	8	8	7	8	116.5	77.74	85	+23.16	+0.73
M	8	9	9	8	8	8	8	8	8	7	8	119	81.51	86	+49.03	+0.45
M	8	9	9	8	8	8	8	8	8	7	8	118	79.84	86	+46.10	+0.84
M	8	9	9	7	8	8	8	8	8	7	8	115.5	75.86	86	+48.12	+0.84
F	8	9	9	7	8	8	8	8	8	7	8	117	77.74	83	+26.10	+0.30
F	5	9	9	7	8	8	8	8	8	7	8	117.5	79.83	83	+25.81	+0.30
F	8	9	9	7	8	8	8	8	8	7	8	112.5	68.78	82	+13.22	+0.12
M	8	9	9	7	8	8	8	8	8	7	8	117.9	79.83	82	+13.22	+0.12
M	8	9	9	8	8	8	8	8	8	7	8	119	81.51	82	+56.08	+0.02
M	7	9	9	8	8	8	8	8	8	7	8	115.5	75.86	81	+54.02	+0.02
F	7	9	9	7	8	8	8	8	8	7	8	117	77.74	81	+26.10	+0.13
F	7	9	9	7	8	8	8	8	8	7	8	117.5	79.83	81	+26.10	+0.13
F	9	8	8	7	8	8	8	8	8	7	8	113	68.78	80	+11.22	+0.12
M	7	9	9	8	8	8	8	8	8	7	8	112.5	68.78	80	+11.22	+0.12
M	8	9	9	7	8	8	8	8	8	7	8	116	75.86	80	+46.10	+0.44
M	8	9	9	8	8	8	8	8	8	7	8	117.5	79.83	80	+46.10	+0.44
M	7	9	9	7	8	8	8	8	8	7	8	112.5	68.78	80	+11.22	+0.12



## The Minimum Entitlement – Whole School

	How long should homework take?	Typical tasks
Key Stage 3 (Years 7,8,9)	Approximately 2.5 hours per week	Creative or research-based tasks Reading Revision and preparation for assessments Consolidation of knowledge Use of digital platforms for any of the above
Key Stage 4 (Years 10 & 11)	Approximately 5 hours per week	Past exam question(s) Research-based task Reading Revision and preparation for assessments/coursework Consolidation of knowledge Use of digital platforms for any of the above

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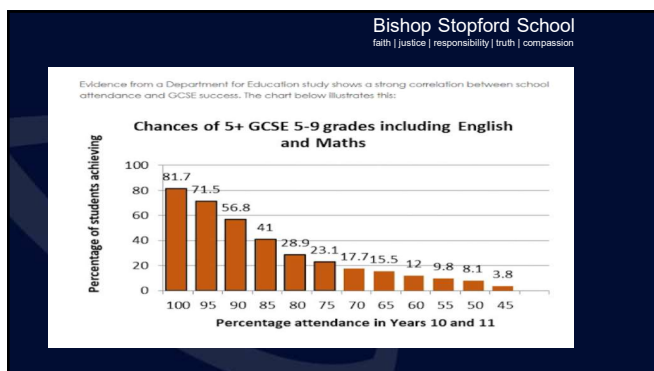
## Supporting your child through GCSEs

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- Ensure they attend school.
- Ensure they get enough sleep and exercise and eat well.
- Provide a space for them to work at home – remove distractions wherever possible.
- Take an interest in what they are studying in lessons (the Curriculum Booklets issued before the Summer holidays should help with this).
- Talk through their reports with them and look at the advice given on how you could support them with identified areas for development.
- Contact the school if you have concerns about their academic progress or feel that you need us to provide additional support.

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**Students who quit social media see remarkable results in GCSE grades**

Young people spending up to 12 hours a day on screens are seeing big gains after quitting social media. Year 11 pupils at **Cumberland Community School** in Plaistow, East London, who gave up social media for a year to focus on revision, achieved GCSE grades that were 50% higher than predicted. The students who stuck to the social media blackout saw remarkable results, with many achieving two grades higher than expected. The impact of reducing screen time also extended beyond the classroom, improving parent-teen social time and significantly reducing bullying. The success of the experiment has led to plans for a similar scheme in other schools. The CEO of the trust that governs Cumberland Community School believes that spending less time on social media and more time on studies leads to better outcomes.

*Daily Telegraph.*

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## Practical resources to support time management and independent learning at home

**Key staff and roles**

Ms Samantha Patrick – Head of Year 10 [spatrick@bishopstopford.com](mailto:spatrick@bishopstopford.com)

Ms Rebecca Lowdon – Key Stage 4 Leader [rlowdon@bishopstopford.com](mailto:rlowdon@bishopstopford.com)

Mr Gerry Kirke – Assistant Head Curriculum and Intervention [gkirke@bishopstopford.com](mailto:gkirke@bishopstopford.com)

Mrs Clare Smith – Deputy Head Pastoral, Safeguarding and Well-being [csmith@bishopstopford.com](mailto:csmith@bishopstopford.com)

Ms Glynis Castle – Careers Leader [gcastle@bishopstopford.com](mailto:gcastle@bishopstopford.com)

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## Practical resources to support time management and independent learning at home

**Key staff and roles**

Mrs Rosie Hainsworth - Coordinator for High Achieving Students [hainsworth@bishopstopford.com](mailto:hainsworth@bishopstopford.com)

Miss Kirsty Whitehead – Pupil Premium Coordinator [kwhitehead@bishopstopford.com](mailto:kwhitehead@bishopstopford.com)

Mrs Bianca McGregor – SENDCo [bmcgregor@bishopstopford.com](mailto:bmcgregor@bishopstopford.com)

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## Where to start

- Attendance
- Structure.  
Planning independent work and revision.
- Preparation – workspace and resources
- Open dialogue between school, students and parents.

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## Time management and motivation

- Create a realistic plan or routine.
- Use Edulink to help manage deadlines.
- If it is possible have a designated space for work – removing distractions.
- Reward motivation.
- Chunk activities, shorten tasks and break them down. Use a timer to encourage focus and motivation. (20-25 minutes).

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## Our approach in school

- Revision is integrated into lesson planning
  - Retrieval – questions or task that review prior learning
  - Questioning – nominative questioning
  - Metacognition – how do you learn?
- PSHE and learning for life
- Mentoring and tutoring
- Assemblies/form time activities
  - Revision support
  - Well-being resources

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## Revision resources available to all

- Subject specific recommendations
- GCSEpod
- BBCBitesize
- Seneca
- Kerboodle
- SAMlearning
- CGP Revision Guides
- Oak Academy
- Exam boards and specification websites

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Revision strategies in action

How can the resources be used effectively?

- Dual coding
- Retrieval practice
- Knowledge organisers
- Application to exam Qs
- Recording and revisiting voice notes

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## Post-16 options and careers

- Mrs Castle, careers lead
- Curriculum, PSHE, form time and assemblies.
- Xello – online platform to explore career options

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## Dual coding

Combining words and visuals  
Condensing notes on topics

Allan Paivio's Dual-Coding Theory

Stimuli: Picture, Words  
Senses: Non-verbal processing, Verbal processing  
Working Memory: connections & integration  
Long Term Memory: Knowledge

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## Retrieval practices

Low-stakes questions - little and often  
quizzing – 20 mins a day  
Revision guides / Kahoot.com / Seneca Learning / Quizlet / SAM Learning

SENeca  
Learn better, faster, free.

SAM Learning

Kahoot!

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## Knowledge organisers

Useful to shorten or summarise topics or themes within a subject

Photosynthesis

Word Equation  
carbon dioxide + water → sugar + glucose

Symbol Equation  
 $6CO_2 + 6H_2O \rightarrow C_6H_{12}O_6 + 6O_2$

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Using past papers

Application of knowledge  
Assess your work

1 (c) In modern hospitals less than 0.1% of women die from disease after surgery. Medical understanding has improved since the 1850s to reduce the death rate. Other than improvements in hygiene, give two reasons for the low death rate from infectious diseases in modern hospitals.

The doctors now have new drugs they can use.

They also have a much better understanding of immunity with new vaccinations.

2 (2 marks)

1. Have a go at the question

2. Mark it using the mark scheme

3. Highlight what is correct. Look at any missed marks and rewrite your answer to improve it.

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## Metacognition at home

Flash Cards (Leitner Model)  
Students to test each other (or themselves)  
If they get the question incorrect, they put it on the pile to look at the next day.  
If they get it correct, they put it on the pile to look at the day after next.  
Follow on: can students apply their knowledge to an exam question?

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