



Start promptly @ 12.30pm from Tues 9/1/24	FIELD	ASTRO	SPORTS HALL	COURTS	GYM	STUDIO	AFTER SCHOOL 3.30pm-4.45pm (Fixture times vary)
MONDAY	<u>Boys Football Yr 8</u> SDW/LD SHCR	<u>Girls Hockey</u> Yr7,8 & 9 HED GCR	<u>Boys Handball</u> Yr 9 & 10 MY SHCR	Recreational Use			<u>FIXTURES</u>
TUESDAY	<u>Boys Rugby Yr 7</u> MY OCR		<u>Girls Netball Yr 7</u> AF SHCR	Recreational Use	<u>Table Tennis</u> All Yrs MF/GCR	<u>Strength & Conditioning</u> See HOY	<u>FIXTURES</u>
WEDNESDAY		<u>Girls Futsal</u> All Yrs HD/MF SHCR	<u>Boys Basketball</u> Yr 8/9 SDW/MF SHCR	Recreational Use		<u>Strength & Conditioning</u> See HOY	<u>Yrs 10/11 & Senior</u> <u>Boys & Girls Basketball</u> Coach Adams SHCR <u>FIXTURES</u>
THURSDAY	<u>Boys Football Yr 9</u> MF OCR		<u>Boys Handball</u> Yr 7 & 8 MY SHCR	Recreational Use	<u>Girls Basketball</u> Yr 9-11 SS GCR	<u>Strength & Conditioning</u> Yrs7-8 SDW GCR	<u>FIXTURES</u>
FRIDAY		<u>Boys Hockey</u> Yr 7,8, 9 Yr 10 & Senior MY & AM SHCR	<u>Girls Netball Yr 8</u> LM SHCR	Recreational Use	<u>Girls Basketball</u> Yr 7 & 8 SS GCR	<u>Strength & Conditioning</u> Yrs 9-11 HED GCR	<u>FAR EAST TOUR '24</u> <u>Rugby, Netball & Hockey</u> <u>Training Dates TBC</u>

SHCR: Sports Hall Changing Rooms

OCR: Outdoor Changing Rooms

GCR: Gym Changing Rooms

PE STAFF: Miss Fitzgerald AF, Mrs Davies HED, Mr Drew SDW, Mr Flannigan ME, Mrs Martin LM, Mr Mills AM, Mr Young MY, Mrs Smart SS HOY: Head of Year



- ❖ All sessions start at 12.30pm promptly!
- ❖ Please come and get changed straight away after Period 3. Change in changing rooms as directed on the timetable.
- ❖ Lunch:
 - a) Bring a packed lunch on the days that you are involved in activity sessions or
 - b) Collect a 'Grab & Go' lunch from the canteen at break-time.
- ❖ Lesson passes for Fixtures: You will be informed on the fixture information if you are required to change at lunchtime or if you require a lesson pass for the fixture. Please collect these at break time from the PE Office.
- ❖ Please ensure you have all the correct kit and equipment for the activity sessions you are involved in.
- ❖ Any questions please ask your PE Teacher.
- ❖ Get involved and we look forward to seeing you there!