



# Bishop Stopford School

Week Ending: 19 April 2024

NEWSLETTER



## Events All week

Year 10 Exams

### Monday 22 April

Yr 11 Assembly

### Tuesday 23 April

Yr 9 Assembly

### Wednesday 24 April

Yr 7 & 8 Assembly

### Thursday 25 April

Yr 7 & 8 Assembly

### Friday 26 April

Yr 12 & 13 Assembly

## The Good Schools Guide

**“A welcoming and friendly school: you feel it as soon as you walk in. Big emphasis on kindness and feeling part of a community.”**

As we embark on our final term of this academic year, it does not seem possible that we are back to the public exam season, the Isles of Scilly season, extra-curricular week and many, many other wonderful opportunities which will be taking place before we break up in July.

As we start, I am delighted to share with you the brilliant news that we have been included in The Good Schools Guide – after a rigorous assessment: parents, students and staff all contributed.

You can access the full review [here](#), and I'm sure, like me, you'll be very proud of what you read. There are some amazing comments about the quality of what we do, and (spoiler alert!) one experience which The Good Schools Guide has **never** had elsewhere in its 35 year history!

A few trailers:

- *Consistently impressive results*
- *Purposeful classrooms and engaged students*
- *In the sixth form, 'an expectation to really crack on and be more proactive'*
- *Real emphasis on inclusive classrooms*
- *The emphasis is very much on sports for all*
- *The whole place is kept smart with no litter*
- *Library: big well-stocked and comfortable with a lovely librarian*

So welcome back to the final term: we look forward to continuing to live up to the amazing assessment which has been made.

Miss Silverthorne



Next week:

Week B

Assembly Theme:

Behaviour and Rewards

## We are a Church of England School



*“As the rain and the snow come down from heaven and do not return to it without watering the earth, and make it bud and flourish so that it yields seed for the sower and bread for the eater - So is my word that goes out from my mouth: It will not return to me empty, but will accomplish what I desire and achieve the purpose for which I sent it.”*

Isaiah 55.10-11

I cannot put into words my excitement as I saw ‘our’ Bible verse appear over Easter painted onto the wall of the Octagon. There is something so permanent and rooted and intrinsic about wall art: it is there to stay and becomes part of the fabric of the building – and our lives too. It is as if the stones are crying out!

Our thanks go to Mrs Jenkinson, one of our very faithful Praying Parents, who has committed to enhancing our environment through creating these beautiful texts. The vision is to have a quotation from the Bible in every area of the school to reinforce our heritage, and to share wisdom to live by. We trust that everyone in our community will flourish by encountering these great words of Scripture.

Plans for the next five verses are in place, and Mrs Jenkinson will be working with students in the project now that the prototype is in place. It will definitely be a case of ‘Watch this Space’!

**Mrs Hutchinson**

## New Staff Welcome

We would like to welcome the following new staff who will be joining us this term.

Mr S Awartiwe – ICT Teacher  
Mrs R Fray – Expressive Arts Technician  
Mr D Gay – English Teacher  
Mr B Mwandimutsira – Maths Teacher  
Mr K Salawu – Maths Teacher,  
Mrs S Wilkie – Maths Teacher,

## Core Values

Congratulations to Oscar Graham (9Y) who will receive a Core Values in Action Award.

Oscar found a £10 in the corridor and went straight to his Head of Year to hand it in demonstrating honesty and integrity.

If you know of any student who you think is eligible for a Core Values in Action award, please email Mrs Peach on [hpeach@bishopstopford.com](mailto:hpeach@bishopstopford.com)

**Miss Silverthorne**



## Safe Space

Many students are approaching examinations and this can be a time of both excitement and nervousness. Some anxiety and stress is perfectly normal. We work with students to consider healthy ways to manage this season and here are some key strategies to consider at home.

- 1) **Maintain physical activity.** Being active promotes wellbeing, through the release of endorphins and the quality of sleep which follows physical exertion. It is also a helpful opportunity for natural revision breaks.
- 2) **Sustain healthy sleep patterns.** Good quality sleep is essential; it enables clear thinking and greater ability to retrieve and apply knowledge.
- 3) **Limit screen time.** Smart devices provide fantastic opportunities for social connection, but they are also huge distractions. Ensure devices are not in the same room when revising, and hide notifications to avoid the constant stream of interruptions. Limit screen time before sleep and activate time limits; it's very easy to lose track of time and scroll for much longer than we intend to.
- 4) **Plan carefully.** Planning revision times and activities enables us to use time most efficiently. Ensure all subjects have time for revision. While it may feel productive to re-write notes or read from a text book, the most successful revision involves a range of strategies and different opportunities to test our knowledge and understanding. There is a wealth of material on Firefly available to all students.
- 5) **Have some fun!** It can feel tempting to stop all activities and hobbies during the exam period, but it's important to maintain some routines that we enjoy. They support our overall wellbeing, give perspective if some exams have been more challenging than we expect and give motivation to continue revising.

In school, there are a range of intervention sessions for targeted revision and clubs and activities are continuing to give space for rest and relaxation during the school day. If students are concerned or need support with any aspect of their learning, they can speak with their form tutor or Head of Year. We wish all our students the very best for the upcoming examinations.

**Mrs Smith**

## Spring Concert 2024

*"On the 27<sup>th</sup> of March, the Music department held the 2024 Spring Concert. The concerts are always so rewarding to take part in, because opportunities to collaborate with other students to present pieces you've worked hard on.*

*It's also a wonderful privilege to appreciate the talent of other students and other music groups that you're not involved in. The time spent rehearsing and performing with students from all year groups provides a great opportunity to work collaboratively, and to strengthen the sense of community in the school.*

*Overall, the evening was highly enjoyable with performances that were consistently uplifting and joyful, and I'm grateful to have the opportunity to take part in music at Bishop." Maddie White (Yr 12)*



## Music Congratulations

Congratulations to the following students:

Seb Belliere-Wilson (8P) for passing grade 1 piano with distinction.  
Molly Robson (12Y) for achieving Grade 7 trumpet with distinction.

**Mrs Armstrong**

# Stellar A Level Physics Performance!

For the first time ever, our A level Physics students took part in the national 'What lights up your love of Physics?' competition- making videos which were then reviewed by an expert panel. Out of **over 100 videos**, one of our entries was selected for the top 10 shortlist: do view it here [Emission Spectroscopy Competition Shortlisted Videos - Physics Partners](#).

The final stage of the competition took place over two days at the prestigious University of Oxford's Merton College. Joseph Bowles, Krystian Karas and Tommy Watt presented their video and took part in a challenging question-and-answer session from fellow competitors and three Oxford professors. They did a fantastic job and we are delighted that their video was identified as the **best video** at explaining a key area of physics for its quality of the story telling, visuals and discovery. We were delighted to be placed 3<sup>rd</sup> overall in a competition of incredibly high standard.

After the video presentations, we attended 'Formal Hall' at Merton. Despite some trepidation over which was the correct cutlery to use, we enjoyed ourselves! We also had a tour of the College, including being shown the oldest College library in the world, and the wonderful Chapel, talks on how to apply to Oxbridge and what to expect at interview. While poor weather prevented star gazing, we finished the day with presentations from the University of Oxford Astronomical Society.

The following day we spent at the Physics Faculty. We attended a private lecture by the astrophysicist Dr Becky Smethurst, who is famous for her YouTube channel with nearly 750,000 subscribers. After this we were taken for a tour of two labs, the first showing some of the cutting-edge equipment being developed to detect the smallest particles produced by colliders. The second used superconductors and involved a demonstration using liquid nitrogen to show quantum levitation. Our students were very enthusiastic, asking questions and wanting to learn more about the research taking place. We finished the tour with a talk by a leading astrophysicist and took part in an activity in the undergraduate lab about Emission Spectroscopy.

All three students spoke about how much they had enjoyed the experience. We finished with the students being presented certificates and feeling very proud that they had really shown the best of Bishop.



Mr Holvey

## Sports Congratulations

Congratulations to Tabitha Fray (11W) for her recent achievements. Over the past few weeks, she has been playing in the Kettering Lodge Bowls Club indoor mixed pairs and novice singles tournaments. These are both knock-out tournaments and she won her way to the finals in both. She is the 23/24 indoor season champion in two categories!

Congratulations, too, to Ellen de Banke (9D) who competed in the GloBasket Basketball tournament in Spain. Ellen's Northants Select team were Group B winners beating Madrid 63-24.



Mrs Glue & Mr Coe



## Year 8 STEM Day



This week, our Year 8 students took a break from their usual timetables to take part in 'Weather Disaster' themed STEM Days.

STEM Days introduce our students to the exciting world of engineering and are designed to bring science, technology, engineering and maths subjects to life. Students have the chance to put their creativity and problem-solving skills to work with others on fun design-and-make projects.

STEM Day activities are intended to complement the National Curriculum in science, technology, engineering and maths by demonstrating the link between what's taught in the classroom with the wider world. They also help students to gain an understanding of some STEM careers and hopefully inspire them to want to study STEM subjects further.

Congratulations to Team 3, pictured with their trophies, who won the Band 2 STEM Day on Wednesday.

**Mr Harwood**

## Drama News

Students in Years 9-11 went to see the incredible 'The Life of Pi' at Leicester Curve on 13<sup>th</sup> March.

*"I really enjoyed the "Life of Pi" - especially the use of puppets to create the animals, I thought this was an effective use of props and the sounds made to replicate the animals were really accurate. I loved the projections and simplicity of the backdrops. The ending was perfect for such a bittersweet play. I would definitely recommend it!"* (Matilda 10S)



And on the 20<sup>th</sup> March, Year 13 students Justin Udo and Lance Headley-Blythe staged their production of Arthur Miller's *The Crucible* with the help of a Year 10-13 cast and crew. It was performed to a number of family and friends and met with resounding praise. Many hours were put into the success of the production, so congratulations to all involved for their time and effort.



**Mrs Fraser**

# Year 13 Curriculum – Summer Term 2024

Subject	Summer Term 1	Summer Term 2
A-Level Art	External Exam – Planning and Testing	<div style="border: 1px solid black; padding: 20px; text-align: center;"> <h2 style="color: green; margin: 0;">A-LEVEL EXAMS</h2> </div>
A-Level Biology	<p><u>Teacher A:</u> Complete M5 C18 Respiration PAG catch up and Practical revision.</p> <p><u>Teacher B:</u> Complete M6 C24 Populations PAG catch up and Biological Maths revision.</p>	
A-Level Business	<b>Paper 3 – Research and Revision</b>	
A-Level Chemistry	<p>Practical skills consolidation</p> <p>Revision and examination questions</p>	
A-Level Computer Science	<b>Preparation for Exams</b>	
A-Level Economics	<b>Preparation for Exams</b>	
A-Level English Language and Literature	<b>Preparation for Exams</b>	
A-Level English Literature	<b>Preparation for Exams</b>	
A-Level French	<b>Preparation for Exams</b>	
A-Level Further Maths	<p><b><u>Structured Revision</u></b></p> <p>Topic reviews based on mock QLA and frequency of topics.</p> <p>Examination paper practice</p>	
A-Level Geography	<b>Preparation for Exams</b>	
A-Level Geology	<p>Mass extinctions</p> <p><u>Lagerstatten</u> deposits</p> <p>Evolution and applied palaeontology</p>	
A-Level History	<p>Women and Civil Rights (Complete Unit)</p> <p><b>Preparation for Exams</b></p>	



# Year 13 Curriculum – Summer Term 2024

A-Level Maths	<b>Structured Revision</b> Topic reviews based on mock QLA and frequency of topics.  Examination paper practice
A-Level Music	<b>Preparation for Exams</b>
A-Level PE	<b>Preparation for Exams</b>
A-Level Physics	Practical skills consolidation  Revision and examination questions
A-Level Politics	<b>Preparation for Exams</b>
A-Level Product Design	<b>NEA</b>
PSHE	The course will have been completed by this stage
A-Level RE (Philosophy and Ethics)	Religious Practices which shape Religious Identity Challenges from Science and Pluralism <b>Preparation for Exams</b>
Psychology	Approaches Comparison
A-Level Sociology	Theories of underdevelopment and development  Globalisation and its effect on developing societies.  AID or Trade?
A-Level Spanish	<b>Preparation for Exams</b>
A-Level Textiles	<b>NEA</b>
A-Level Theatre Studies	<b>Preparation for Exams</b>

A-LEVEL  
EXAMS

<b>Wider-Curricular</b>	Kite Runner (Theatre Visit) (18.04.24) A-Level Theatre Studies Practical Exam (01.05.24) A-Level Art Exam (08.05.24 to 09.05.24) A-Level Exam Period starts (09.05.24)
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<b>Other</b>	<b>Last Day for Year 13 (10.05.24)</b>	<b>Year 13 Leavers Event (28.06.24)</b>
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Mr Kirke



WEEK 1

WEEK COMMENCING  
 6/11/2023 27/11/2023 18/12/2023 08/01/2024 29/01/2024 19/02/2024 V - Vegetarian  
 11/03/2024 01/04/2024 22/04/2024 13/05/2024 03/06/2024 VE - Vegan  
 24/06/2024 15/07/2024

## CLASSIC HOT & HEARTY

CLASSIC MAIN MEALS		VEGETARIAN MAIN MEALS	
<b>MONDAY</b> Beef & Tomato Ragout with Wholegrain Pasta & House Salad	<b>MONDAY</b> Plant Based Ragout with Wholegrain Pasta & House Salad (VE)	<b>TUESDAY</b> Kung Pao Chicken, Wholegrain & White Egg Fried Rice with Carrot & Sesame Salad	<b>TUESDAY</b> Asian Vegetable, Soya Bean & noodle Stir Fry with Carrot & Sesame Salad (V)
<b>WEDNESDAY</b> Glazed British Roast Gammon, Crisp Roasties, Roasted Roots & Gravy	<b>WEDNESDAY</b> Baked Macaroni in our Cheesy Sauce with a Crunchy Topping (V)	<b>THURSDAY</b> Authentic Chicken Biryani with Tomato, Red Onion & Coriander Salad	<b>THURSDAY</b> Authentic Vegetable Biryani with Tomato, Red onion & Coriander Salad(VE)
<b>FRIDAY</b> Chip Shop 'Fryday', Fish, Pizza or Fishcake with Chips, Peas & Tartare Sauce	<b>FRIDAY</b> Jamaican Squash Pasty, Sweet Chilli Sauce & Chunky Chips (VE)		

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Buffalo Cauliflower Wings on Salt & Pepper Wedges (V)	Greek Souvlaki Chicken	Korean Crispy Fried Chicken	Mai Goreng Indonesian Fried Noodles (V)	Manager's Special

### NATURally

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Moroccan Cous Cous & Falafel Bowl (V)	Vegan Bean & Jalapeno Burrito (VE)	Spiced Paneer & Red Onion Naan (V)	The Big Plant Burger (VE)	Vegan Singapore Noodles (VE)

### DESSERTS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mixed Berry & Apple Crumble with Cream	American Style Pancake Bar with Fruit Toppings	Pineapple Upside Down Pudding with Vanilla Custard	Banoffee Bread & Butter Pudding with Custard	Manager's Special

FRUIT & YOGHURT POTS AVAILABLE DAILY

### TRATTORIA

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Tomato & Basil Pasta	Manager's Special Pasta	Mozzarella & Tomato Pizza Or Spicy Sausage Pizza	Manager's Special Pasta	Mozzarella & Tomato Pizza Or Piri Piri Chicken Pizza

**HOMEMADE SOUP & FRESHLY BAKED BREAD**  
Available Daily

**JACKET POTATOES**  
Topped with a Choice of: Cheese, Tuna or Beans Available Daily

Our Vegetarian and Vegan recipes are approved by the Vegetarian Society. 

